

伦敦中萨大学中医药中心

**THE ASANTÉ ACADEMY  
OF CHINESE MEDICINE**

**Timetable for Tuina Course October. 2011**

| Week    | Date             | Topic   | Teacher / Interpreter |
|---------|------------------|---|-----------------------|
| Week 1  | Sat. 8.Oct. 11   | Basic theory & General Introduction of Tuina  | Dr.Tiejun Tang        |
| Week 2  | Sat. 15.Oct. 11  | Common used Acupoints   | Dr.Tiejun Tang        |
| Week 3  | Sun. 23. Oct. 11 | Tuina Liangong & Physical examination   | Dr. Q Yin             |
| Week 4  | Sat. 29 Oct. 11  | Tuina Manipulations (1)   | Dr.Tiejun Tang        |
| Week 5  | Sun. 13 Nov. 11  | Tuina Manipulations (2)   | Dr. X. Yan/ Dr.H.Liu  |
| Week 6  | Sat. 19 Nov. 11  | Clinical treatment<br>Common cold,<br>Cough and asthma<br>Headache<br>Vertigo<br>Coronary heart disease             | Dr. T Tang            |
| Week 7  | Sun. 27 Nov. 11  | Clinical treatment<br>Acute lumbago<br>Chronic lumbago<br>Sciatica<br>Ankle sprain<br>Hemiplegia                    | Dr. Q Yin             |
| Week 8  | Sun.4 Dec. 11    | Clinical treatment<br>Insomnia<br>Stress<br>Epigastric pain<br>Diarrhea<br>Constipation                             | Dr. X. Yan/ Xin Zhang |
| Week 9  | Sun. 11 Dec. 11  | Clinical treatment<br>Stiff neck<br>Cervical spondylopathy<br>Frozen shoulder<br>Tennis elbow<br>Wrist joint strain | Dr. Q Yin             |
| Week 10 | Sun. 18. Dec. 11 | Clinical treatment<br>Obesity<br>Menopause<br>Irregular menstruation<br>Dysmenorrhea<br>Chronic Fatigue Syndrome    | Dr. X.Yan/ Dr.X Zhang |
| Week 11 | Sun. 8 Jan. 12   | Infantile Tuina   | Dr. X. Yan/Dr.X Zhang |
| Week 12 | Sun. 15 Jan. 12  | Infantile Tuina   | Dr. X. Yan/Dr.X Zhang |
| Week 13 | Sat, 21 Jan.12   | Review  | Dr Tiejun Tang        |
|         | Sun.22 Jan.12    | Exam  | Dr. X.Yan / Dr.Tang   |

On first day teaching takes place between 12.00 and 6.00 pm.  
Other days teaching time is 10.00 am and 6.00 pm

